



# Sustainable living tips

We've put together a list of our top tips to help make your home more sustainable and reduce your bills.



**LLOYDS**  
LIVING



### 1. Wash your clothes at lower temperatures

The majority of us wash our clothes at 40 degrees or higher, however new washing detergents work well at temperatures as low as 20 degrees. The lower the temperature the less energy will be used, although it's probably best to wash towels, bedding and underwear at higher temperatures.



### 2. Switch off standby

Switching off appliances which are on standby mode can help you reduce your energy usage.



### 3. Utilise the low energy modes

Using low energy or 'eco' modes on appliances such as dishwashers and washing machines can have a positive impact on your energy bill.



### 4. Avoid overfilling the kettle

Kettles are one of the most popular items within a kitchen, but we often add more water than we require when using them. Avoid overfilling your kettle and make a difference to the amount of energy it requires.



### 5. Move furniture away from radiators

Large items of furniture can make it difficult for the heat from your radiator to reach the rest of the room, resulting in more energy having to be used. Leave a gap between large items and the radiator to improve air circulation.



### 6. Turn off your lights

Another easy method to help reduce your energy bill is to turn off your lights when they are not being used. Also ensure you're using energy efficient bulbs where possible.



### 7. Use your dishwasher and washing machine efficiently

Be sure to only use your dishwasher and washing machine when it's full to reduce your water and energy usage.



### 8. Block draughts & gaps

Block any gaps at the bottom of your door with a draught excluder. Draught excluders are a great way to keep warm air inside your home and cold air out.



### 9. Defrost your fridge and freezer

Your fridge and freezer are one of the few appliances in your household which are working 24 hours a day. Regularly defrosting them ensures they are working efficiently.

**We hope you've found these tips useful, however if you require any further guidance, please contact your property manager who will be happy to help.**

